

BEST PRACTICE CATALOG

Project Title: **POLYDIPSIA PROGRAM**

Function Category: ☒ PATIENT-FOCUSED ☐ ORGANIZATION ☐ STRUCTURES

Subcategory: **Care of Patients**

Heading: **Behavior Management**

Key Word(s): **Behavior**

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Purpose: Manage psychogenic polydipsia behaviors, while promoting independent living skills.

Brief Description: Manage fluid intake in a controlled environment while promoting independent living, encouraging social skills development, enhancing personal hygiene through the use of structure, individual and group attention and interactions with core staff.

Selection Basis/Criteria: Diagnosis of psychogenic polydipsia. Diagnosis is confirmed through history and observed behaviors of water intoxication and is confirmed by results of laboratory analysis of electrolytes and complications, i.e., seizure activity, confusion, and behavioral problems.

The following items are available regarding this Best Practice:

☐ Photographs ☐ Video Tape ☐ Drawings ☐ Manual

☐ Other _____

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